NEWARK PUBLIC LIBRARY

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NEWARK, NEW JERSEY

JUNE, 1985

Fitness Is The Watchword At New Beginnings Spa And Wellness Center

Health Spa Is Providing 'New Beginnings' For An Enthusiastic Membership

A luxurious health spa convenient to downtown Newark? Absolutely!

A trip around the equipment circuit during lunchtime to revive refresh and recharge you? Definitely!

Every day more people are discovering the New Beginnings Spa and Wellness Center at St. Joseph Plaza, which offers busy men and women an opportunity to work out close to their place of work.

The focus of New Beginnings is on a total health program designed around you, and will be geared to your individual needs. Tennis buffs, for instance, might like a little more power in those leg muscles for better footwork at the net; those in sedentary jobs might just need an opportunity to stimulate circulation throughout their entire body to keep it healthy; or a maintenance person from NCC, for instance, might look for extra strength in arms and back. You build up your strength and stamina gradually and safely.

Whatever the physical demands of your lifestyle, a visit to New Beginnings will show you how to improve your health and well-being. Group discounts are available.

Since no two people or bodies are alike a fitness consultant will evaluate your needs and capabilities and suggest a program solely for you. He or she will then introduce you to the various avenues available to accomplish your goals - be it losing weight, restoring muscle tone, building up muscles weakened by trauma of any kind or reducing an area which is a personal problem.

Good nutrition goes hand in hand with exercise, and will be emphasized.

A basic program would include use of the exercise equipment, initial and periodic fitness consultations, use of the sauna and whirlpool and aerobics class attendance.

More complex programs would involve The Wellness Center, which is part of New Beginnings. They would include: An Executive Fitness Program; a Cardiovascular Program; and a Senior Exercise Group.

What is a Wellness Center? Webster defines the word "well" as "fortunate; comfortable in health," but wellness is more than just the mere absence of disease. Wellness is a lifetime commitment to proper exercise, good nutrition and the reduction of those risk factors that lead to cardiovascular disease (heart attack and



Exercise physiologist Kerry Gillespie checks blood presure of Soledad Alston, R.N.. Ms. Alston has joined the Executive Program at New Beginnings to avail herself of the special services that particular program offers, such as stress management, under the direction of Mr. Gillespie.

The Wellness Center not only provides the community with a facility containing the most up-to-date equipment available, but also offers many additional features such as a program tailored to executive demands. The focus of The Executive Program will be on risk factor reduction. Included will be talks by Adenale Troutman, M.D. on stress management, sessions by Susan Burgio, MS a registered dietician, on nutrition and weight control and classes by the American Cancer Society on smoking cessation. Staff exercise physiologist Kerry Gillespie will explain to members how the delicate system we call the human body functions - from the skeletal to the muscular and digestive systems. It has been found their body and how it functions, the more inclined they are to take care of

The Cardiovascular Fitness Program will be an individualized program including stress management

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An Active Neighbor: Rev. Dr. James A. Scott

Newark's Bethany Baptist Church has been in existence for almost 100 years — the last twenty-two of them with Rev. Dr. James A. Scott at the helm. A youthful, vibrant person, Rev. Scott came to Newark from Ardmore, Pennsylvania, just outside Philadelphia in 1963, "partially," he says, "because I wanted to work in the city in an urban parish; and partially because I wanted to see if one could build a strong inner-city church." Some days he feels as if he had done that, he told us inserting that qualifying adjective. The church has about presently parishioners.

When he came to Bethany Baptist it had been a neighborhood church for seventy-five years, but gradually its congregation had drifted away and the church "was on its last legs," according to the pastor.

To Rev. Scott fell the task of rebuilding the congregation, by rebuilding their spirit and sense of caring. After 3 or 4 years he began to see growth in the size of the congregation. Since there are many older people, shutins and college students in the group however, they have constant losses, and with a gain of an additional 100 members a year they merely stand still. College students who attend out of state learning institutions rarely return to Newark,

Serving the needs of his community, Rev. Scott has a pre-school pro-



Rev. Dr. James A. Scott

gram for 60 community children per day and a senior citizen program each day. Recreational activities such as basketball, bowling and aerobics attract other age groups. Saturday finds a tutoring program for grammar and

(Please turn to Page 3)

Home Friends Care!



Home Friends are looking good in their new smocks! Home Friends are "People Helping People". Their task is to provide housekeeping, meal preparation and other services to those who need them. Right now we have 10 Home Friends and they serve 60 clients. These ladies take great pride in their work and in lending a helping hand to those who can't do for themselves. Those receiving the services are very grateful too for the assistance given with such love and respect. From right to left the smiling faces are, Jessie Wright, Lula Christmas, Elzie Brown, Betty Wilson, Evelyn Cooper, Flora Lewter, Reola Hopes, Virginia Nelson, Martha Carr, Treather McLean.

Rutgers Trustees At St. Joseph Plaza

On Thursday May 24th the Executive Conference Center at St. Joseph's Plaza was privileged to host the Board of Trustee members of Rutgers University. The members were in town for the commencement ceremony of Rutgers Newark graduates. Ms. Linda Stamato who delivered the main address spoke to the graduates about Newark and its revitalization and the expectations of its great future. Ms. Judith Brodsky felt after such a speech it was only fitting to dine in one of Newark's newly revitalized places. The guests were impressed and pleased and New Community was certainly elated to have been able to accommodate our distinguished guests. We look forward to serving many more guests but most of all we enjoy knowing that the people of Newark have another prestigious location to bring their families and friends, that will make the statement "this is Newark."

Georgia Ransone



Board of Trustees of Rutgers University gathers in atrium of St. Joseph Plaza after their lunch at the Executive Conference Center and a tour of the facilities. Pictured are guide Georgia Ransome, Trustees Judith Brodsky, Floyd Bragg, Sanford Jaffe, Adrienne Anderson, Linda Stamato and Fred

★ Clarion Circulation Gets Larger

This month Clarion circulation reached a new high of 7,000 thanks to increased demand for news of New Community's expanded activities. The Clarion can now be found at St. Joseph Plaza as well as at all New Community building locations, Babyland Nurseries and St. Rose of Lima parish facilities. We thank our faithful readers for their support toward our efforts and continued interest in the work we are doing in the revitalization of Newark.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views o the newspaper. Articles are appreciated by any and all concerned.

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Circulation: 7,000

NCC Splits Softball Doubleheader

On Wednesday May 15, 1985, NCC representatives traveled south to Lawrenceville to play softball against a team representing the N.J. Housing and Mortgage Finance Agency (HMFA). NCC scored a decisive victory in the regulation seven inning game winning by a score of 8 to 4. HMFA then came back to take a two inning mini-game by the score of 7 to

The NCC line-up featured the following players:

Pitcher Charlie Newbury Catcher Morris Fleming First base Andy Cuevas Jim Rohrman Second base Matt Reilly Third base Emilio Cruz Shortstop Left field Bill Cruz Center field Francis Thomas Right field Larry Norman Skip Lee and Short field Jimmy Lane

Bill Cruz hit a three-run homer over the right field fence in the fifth inning to ice the game.

HMFA, led by the likes of Fred Raffa and Ron Jampel, bounced back to win a two inning mini-game which was called on account of darkness. Ted Maciag and Gordon Reider had key hits for the Agency. Over beer and pizza after the game, Richard Godfrey observed: "The implication is clear; HMFA plays better in the

A rematch will be played in the near future.

FITNESS FIRST AT

* Weight Equipment

-Universal -Paramount -Nautilus -Free weights

*Aerobic Dance Classes



* Aerobic Equipment

-Treadmills -Rowing machines **Exercise bikes** -Arm machine

*Whirlpool & Sauna

*Initial and periodic fitness consultations

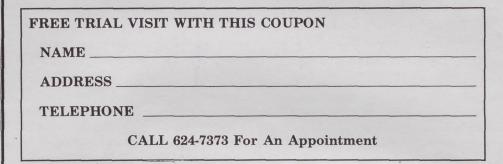
*Individualized exercise programs

*Risk factor reduction classes

*Smoking cessation *Stress management *Nutrition & Weight Control *Anatomy & Physiology Lectures

- Group membership rate available -Visa Mastercard Call 624-7373

The New Beginnings Spa and Wellness Center St. Joseph's Plaza 233 W. Market Street Newark, New Jersey 07103



Sandwich Shop Buzzing

Gradually word is getting around about the new deli in town.

From an original customer support group originating at the N.J. School of Medicine and Dentistry, ranks have expanded to include many regulars from the court system and service related people, such as Emergency Medical Technicians. The neighbors at Bethany Baptist Church also visit frequently.

Breakfast is available from 7 AM and features a "Working Man's Breakfast" with "the works" (pancakes, 2 eggs, ham, bacon or sausage), or for those with lighter tastes in the early morning a simple breakfast of eggs or french toast. If you canot face even that "The Continental" is for you. Other selections are offered to suit the individual.

All are reasonably priced.

Lunchtime is most active and our "takeout" service has been very popular with orders phoned in for larger quantities (see ad).

We appreciate all who have given us an opportunity to serve them. Come visit us at St. Joseph Plaza, 233 West Market Street, and browse through our elegant newly restored building for a quiet pleasant lunch

It's really something to see!



Newark, New Jersey

Breakfast

Monday - Friday 7am - 11am Eggs, Pancakes, Danish, Biscuits, Juice Coffee and More ...

Nothing over \$3.00

Brunch

Saturday and Sunday 9 am - 2 pm

Same menu as breakfast Beer and Wine are Served During Brunch

Lunch Menu Monday - Friday 11 am - 7 pm Try our SPECIAL 1/2 pound Burgers! "Gourmet Style"

our THICK 4 oz. Sandwiches

Daily HOMEMADE Soup & Salads

Our Specialty -

Unique Frosted Liter Mugs of Draft Beer

Takeout is Available — Call 623-8001

Health Spa Membership Enthusiastic

(Continued from the front page)

and risk factor reduction.

Especially for older members will be the **Senior Fitness Program** which teaches and encourages the use of all equipment in a manner designed to individual capabilities and needs.

Here's how it all works.

Once your program has been set up it will be ready and waiting for you

muscles. It also allows group participation in a fun format.

Use of the equipment circuit also works individual muscle groups through the use of weight equipment such as Universal, Paramount, Nautilus and free weights. The aerobic equipment pieces available for cardiovascular exercise are treadmills, rowing machines, exercise



Spa members from United Hospitals and University Hospital switch gears from their professional duties at day's end to attend one of the calisthenics and aerobics classes offered by New Beginnings at St. Joseph Plaza.

each time you come. Simply change in our well appointed locker rooms and make your way to the appropriate place for your workout—aerobic room or equipment room. You will then be supervised by a fitness consultant who will instruct you on the proper use of each piece of equipment, or if in the aerobics class, on each part of the stretching and toning format. Physical limitations will receive special attention.

After a mandatory warmup session either in aerobics or on equipment you begin your regular program.

The aerobic exercises consist of calisthenics with music non-stop in carefully graduated degrees. The exercises will work every major muscle group in your body. This in turn burns calories, increases circulation, improves cardiovascular fitness and flexibility and firms and tones

bikes and arm machines.

And through it all your progress will be reviewed and goals checked for achievement by Spa Director Marie Damestoir and her staff.

At the completion of your workout, a trip to the dry heat of the sauna to free your body of pollutants and cleanse pores would round out the visit; or a relaxing period in the warm waters of the whirlpool might be your choice.

Then off to follow your busy life with a feeling of well-being sending you on your way.

You can't start too soon. Call today for an appointment for your first session. If you desire further information about the Spa and Wellness Center or have any questions please feel free to contact Physiologist Kerry Gillespie at 624-7373.

Remember: The watchword of the '80's is Fitness.



Jerome M. Lynes, Esq., whose law office is located at Gateway I in Newark, finds New Beginnings convenient for regular afternoon workouts. He is shown here using the Universal Seated Chest Press machine to strengthen and tone the pectoralis group of muscles. It is one of the stations in the circuit weight training program.

Rev. Dr. Scott...

(Continued from the front page)

middle school students underway, and teenage pregnancy programs are sometimes run. A series on family life is being held by the church this year. An intensive summer program for teens and children fills an important seasonal need. A computer literacy course is offered as part of this summer program. Rev. Scott mentioned also that camperships for children based on need will be given through a vigorous scholarship program with about \$12,000 to \$15,000 available. These scholarships do not require that a recipient be a church member.

About ten percent of the church money is earmarked for community outreach, Rev. Scott revealed. As an example of its uses he told us of \$27,000 worth of food being given to the hungry as 1400 Christmas baskets were given out this year.

Bethany Baptist also has a very strong commitment to working in partnership with other community agencies. "It's important," he continued, "that we do not only give money, but that we find volunteers and board members." Rev. Scott himself works with the Bio-ethical Committee at United Hospitals.

The Bethany Church community is now negotiating with the City of Newark for a piece of land adjacent to it which they hope to use for community outreach. Plans for it include a building to house a program for Alcoholics Anonymous and one for and they have two daughters, Lindal, 23, who is graduating from Woodrow Wilson Graduate School at Princeton, and Kimberly, 15 who attends high school in Montclair.

Today, however, Rev. Scott thinks the city is going to change, and sees subtle signs of those changes already, in the people living in Newark in cluster housing, where they have an inner courtyard and gardens where they can sit and feel protected. He feels that a lot of middle class people are going to come back to Newark. "I don't think it's going to be less expensive to live here," he emphasized, "but commutation costs are so expensive and the distances so long." Savings can be made in these areas, so as to avoid spending a third of each workday, in some cases, to commute.

In reflecting on the past, and the presence today of St. Joseph Plaza, Rev. Scott told us of the pleasant relationship he had with the priests at St. Joseph Church and their meetings together in the parish house.

He is pleased at the transformation St. Joseph has experienced "from a church building that was not being fully utilized, to something that is going to make an impact on the total life of the community."

"I think St. Joseph's Plaza is a living testimony to the faith of a church in the City," he said seriously. "Its renewal blazes the way for the possibility of the reversal of all life



Rev. Dr. James A. Scott in front of Bethany Baptist Church, Newark.

families of narcotics addicts. He would also like to provide a Latchkey program after school. Such a building would also allow them to enlarge their food and clothing storage facilities for the needy.

In commenting on the outreach activities of Bethany Baptist parishioners Rev. Scott said, "I have a feeling that most people really want to make a difference in the life of someone else, and the Church should show them how and give them the vote of power." He told of some parishioners who commute every day from their outlying suburban homes to jobs in New York City, and who are willing to come to Bethany Baptist directly from work and to spend 3 or 4 hours doing something that makes a difference in the lives of someone else.

Rev. Scott used to live in Newark, he told us, but its high taxes forced him to move to Orange when looking for a larger home to accommodate his growing famly. His wife, Beverly Dunston, is also active in Newark under God in the City. The variety of activities at St. Joseph Plaza augers well for the rebirth of community: the health services; the concern for the body; the importance of good food service; but most of all keeping the cross as a symbol over all of these activities."

"There's a special kind of partnership on the top of this hill," he went on. "We feel very much a part of St. Vincent's and we've always felt a part of St. Joseph and I think that the kinds of things that we do almost without thinking together, will blossom into some things that we do, because we do think and pray together."

Signs of that special partnership were already evident to this reporter as I recognize some familiar faces in the Bethany Baptist Church office and realized they had been at the next table in the Sandwich Shop at St. Joseph's a short time earlier.

Newark is on the move and we are thankful for such faithful support in the new life of St. Joseph Plaza.

NCC Employment Center News Job Readiness Training Session Held =

Ten eager people gathered at NC Douglas early one Tuesday morning recently and, after coffee, orange juice and coffee cakes, started a foursession intensive training program in job readiness. By the end of the program ten days later, all had increased in knowledge of how to find a job, apply for it, and land it. New Community Employment Center, which sponsored the program, found an opportunity for one of the participants to interview for a housekeeping position at Sacred Heart Cathedral Rectory, and she got the job.

The sessions brought out personal experiences of the participants in getting a job and specific places to look for a job - for example the bulletin board of a specific building containing notices of government jobs. Drawing on this kind of concrete discussion, the leader helped the participants to see such things as skills needed for particular positions, places to seek employment, and how personal contacts can be used in the job search. Applications were completed and resumes discussed, and extensive use was made of role playing the employer interview with group critique. Appropriate interview dress, manners, and attitude were addressed. The leader for the program was a professor who had presented courses on similar subjects at Fairleigh Dickinson University for a number of years. Her name is Jane Dale and she heard about NC Employment Center from an area employer whom we had talked with and who received a copy of our newsletter. She thought Jane would be interested in our work and Jane volunteered to organize the program, reach out to the participants, and conduct the program for NC Employment Center. We really appreciate Jane's effort in getting us started on these training programs. It could not have been done without her great work.

This job-readiness training program is only one of many to be presented by New Community Employment Center. The same type of program will be offered a number of times this Fall. Most will be conducted during the morning hours for one week. If you should want to learn a skill that can be useful for the rest of your life — job hunting — give us a call so we can put you on the list to receive a notice of the next session.

NC Employment Center's job is helping people find permanent work. A person who needs full-time work phones the Employment Center at 643-3828 and asks for an appointment to interview. Then the person's

experience, training, and desires are compared with the requirements of employers who call us when they want to interview someone for a specific position. This often results in the person being hired.

"People could really help us put people into jobs," says John Bins of NC Employment Center. "They could let us know when a job opening comes to their attention. Maybe someone is leaving the place, in which your daughter or friend works. Or you might see a sign in a store window saying that they need someone. Just let us know the name of the establishment so we can telephone them. We will take it from there. We make it

a point not to say where we got the lead. The sad fact is that there are more people looking for jobs than there are jobs. Please help. If you find any job leads, just phone NC Employment Center at 643-3828 and say, "I want to report a job!"

Employers like to use NC Employment Center because they like to hire local people. There is never a fee and finding good workers through us saves them advertising expense and valuable interviewing time because we send them only candidates who meet their individual requirements. If you have an employment opening, please consider calling us.



Professor Jane Dale conducts workshop on job hunting skills at the New Community Employment Center.

Employment Center Placement *Takes Award*

Mrs. Hanks Rejoices Over Granddaughter's Achievement

"It's a wonder you didn't hear me downstairs in the Employment Center. I was so happy." Mrs. Alma Hanks, resident of NC Douglas, describes her pleasure at learning that her Granddaughter Ilene Allen had just received the "Rickel Perfect Shop Contest" award from Rickel Home Centers in Bloomfield where she is employed. "I was the first one she told. I was very, very pleased."

Ilene had been employed less than three weeks when she received the award. "I knew she was a standout," said Patt S-DeLuca, employment counselor at New Community Employment Center, who obtained



Ilene Allen

the interview opportunity for her. "With experience as a cashier at two different establishments and her good performance on our mathematics test, she was an excellent candidate when

Rickels asked to interview for a cashier opening. Actually, it was the fourth interview we set up for her. But we just set it up and coached her a little. She sold herself at the interview."

Ilene was thrilled to have the recognition from her new employer. She was also pleased that the award included a cash bonus of \$25.00. Ilene was selected for her job performance in an on-site evaluation of employees by Rickel management conducted by personnel from outside the store. She likes Rickels — likes the people there. Her long range goal is to be able to go back to school to continue her studies. She plans to be a nurse.

In making the award to Ilene, Chris Bohdan, Rickel operations manager, said, "It is obvious from the results, that you take pride in your job. I am pleased to have a dedicated person such as yourself work for me. You set a fine example that your peers can aspire to."

Mrs. Hanks takes a special interest in all of her 13 grandchildren. It was she that first suggested that Ilene make an appointment for an interview at NC Employment Center which is located on the ground floor of her building at 15 Hill Street. She says, "I tell everyone I know about the NC Employment Center. I told someone just today. They are doing a fine job there, finding job opportunities for people. It is a great thing just having a job in this day when so many are unemployed."

Persistance Pays Off For Employment Center Client

Mr. Daniel Brown, until last August on the management level of a Jamaican agricultural bank, phoned us to give us his thanks and that of his family and friends for our efforts in finding him employment after nine months of looking. We had sent his resume to a number of banks and brokerage houses and set up six interviews for him, including Blue Cross/Blue Shield. This was the crucial one, the one that got results, and he feels that his position as rating technician for them is the job he has been waiting for.

But Mr. Brown has not just been waiting. He is a very determined man and has done all the right things. He made new resumes, using them to answer classified ads as well to mail out cold to prospective employers. He telephoned, in response to ads and made cold calls as well. He estimates that one third of the people he contacted invited him for an interview — only to disappoint him later.

Mr. Brown also contacted family, friends, and acquaintances for job leads. This is often the most fruitful way (or the only way) when there are more people qualified for a certain type of position than there are positions to be filled.

We had suggested that Mr. Brown visit the Newark Public Library specifically to learn the titles and descriptions of jobs used in the USA. There were no less than six for which he was qualified by education and experience. The main branch also has a Job Center where help is given with resumes. Mr. Brown found shelves of

books on resumes, obtaining employment, and career guidance.

Mr. Brown also received a good deal of encouragement from people at the NCC Employment Center, other agencies, friends, and most particularly Mrs. Brown. Most people find looking for employment a very disheartening experience.

But Mr. Brown singled out for special comment, the night before what proved to be the crucial interview. He was resting on his laurels after a successful interview at another employer's office and had a



Daniel Brown

million reasons why he should not go out the next day, but, Patt S-DeLuca, employment counselor at NCC Employment Center, told him, "I want you to go to this interview!", and that is how his nine-month search ended.

John Bins

Victoria Foundation Meets At St. Joseph Plaza

The officers of the Victoria Foundation Inc. of Montclair held their semiannual meeting in the Executive Conference Room at St. Joseph Plaza on Wednesday, May 22, 1985, thereby becoming the first organization to use the new conference facility. Father William Linder, Mary Smith and Matthew Reilly were on hand to greet foundation President Percy Chubb III, Executive Officer Howard E. Quirk, Corrine A. Chubb and the Victoria trustees.

Victoria Foundation celebrated its 60th anniversary last year. Since its founding it has made more than 35 million dollars in grants to non-profit organizations. Established under a broad charter in 1924, Victoria Foundation has gradually sharpened its focus so as to deal substantively with a few basic needs. For the past two decades concentration has been on educational and sociological challenges in the urban portions of the Greater Newark area. A second thrust, started early in the 1970's, deals with urgent environmental problems within New Jersey. New Community has enjoyed the support of Victoria Foundation over the years.

During the foundation meeting, Corrine A. Chubb, a Victoria trustee since 1935, received a proclamation from the office of Essex County Executive Peter Shapiro who declared May 22nd as Corrine A. Chubb day in Essex County. Mr. Shapiro's wife, Bryna Lynett, was on hand to make the presentation. The proclamation noted that Mrs. Chubb's "fifty years of service to the Victoria Foundation is believed to be without precedent among foundations in America" and that "the Chubb family's dedication to the Victoria Foundation is a stellar example of American philanthropy and civic responsibility.

Following the meeting the trustees took a brief tour of NCC's Central Ward development area and stopped to visit Babyland III. Then it was back to St. Joe's for a lunch prepared and served by the staff of The Priory Restaurant of St. Joseph Plaza.

After the luncheon Howard Quirk treated Father Linder and Matt Reilly to a brief display of his virtuosity on St. Joe's fine grand piano.

Essex County College Honors Rev. Wm. J. Linder

Essex County College celebrated its 16th Annual Commencement Sunday June 2nd with an outdoor ceremony at the college for over 350 graduates.

Keynote speaker at the ceremony was Rev. Dr. James A. Scott, pastor of Bethany Baptist Church in Newark. The charge to the graduates came from Fred Harris, corporate vice-president of 3M and president of their subsidiary called Media Networks

Rev. Wm. A. Linder, pastor of St. Rose of Lima and one of the founders of New Community Corporation received an honorary Associate Degree in Applied Science in The Humanities and Social Services on the occasion, for his distinguished work in the community.

Sharing the honors with him were a remarkable group of people: William Ashley, age 96, is credited with being the first black social worker in N.J. and authored the book *Tales Without Hate;* Dr. Lena Edwards at 85 is still teaching Gerontology and the Humanity of Medicine after a career which marked her



Rev. Wm. J. Linder

among the first women certified in obstetrics and gynecology, and also as a collaborator with the doctors who developed the Pap test for cancer; Ramon Rivera, executive director of La Casa de Don Pedro and Mr. Harris rounded out the group of honored humanitarians.

First Annual Awards Ceremony For NCC Security

New Community Security under its new Director James DuBose presented its First Annual Awards Ceremony titled "The Proud and the Faithful."

The Awards ceremony was held Tuesday, May 14, 1985 at the spacious new St. Joseph's Plaza at 233 West Market Street, Newark.

The program opened with a prayer by the Pastor of St. Rose of Lima, Father William Linder, followed by a welcoming address by NCC Board of Directors President Arthur Wilson and a well-executed color presentaion by the NCC Security Color Guard Squad. The squad responded to a Call to the Colors by Kevin Moore on the trumpet, marching to the front of the assembly, stood at attention while he played our National Anthem, and marched out as he retired the colors with his trumpet to complete the impressive ceremony.

Presentation of the Awards was conducted by Associate Director of Security Otis Rhynes, assisted by NCC Board of Directors Vice-President, Joseph Chaneyfield.

The guest speakers for this most honored event were Police Director Hubert Williams, and Police Director Designate Charles Knox, Father William Linder and Joseph Chaneyfield.

Others in attendance were: Under Sheriff Warren Brothers representing Sheriff D'Alessio, Newark Police Chief Charles Zizza, Newark's Central Ward Councilman George Branch, Captain George Dicshied Commander of the West District Police Station Newark, retired East Orange Police Officer Nathaniel Caines, as well as proud families and friends of those receiving awards.

The 1985 Honorees were as follows:

The Special Directors Awards went



The New Community Sergeants and members of their security force who were honored with awards recently.



NCC Security Director James DuBose, Medal of Honor Awardee's Sergeant Robert Anabui and Bilal Ali, flanked by former Police Director Hubert Williams and New Police Director Charles Knox.



Director DuBose, recipients of the Special Directors Awards Cpl. Sherrie Eure and Cpl. Sheila White with Assistant Director Otis Rhynes.

to: Corporal Sheila White and Corporal Sherrie Eure.

The Medal of Honor went to: Sergeant Robert Anabui and Security Officer Bilal Ali.

Fvie Year Longtime Service Awards went to: Sergeant John Jackson and Security Officers, Laddie Simmons and Richard Collins.

Meritorious Service Awards went to: Sergeant John Jackson, Sgt. Welton Cartwright, Sgt. Bernard Holloway, Sgt. Robert Anabui, Sg. Warren Burton, Security Officer Rock Bogar, Security Officer James Sullivan, and Security Officer Robert Jackson.

Honorable Services Awards went

to: Sergeant Welton Cartwright, Sergeant Warren Burton, Security Officer Rock Bogar, Security Officer Edward Reed, Security Officer Wali A. Muhammad, Security Officer Renard Willis, Security Officer Danny Kelly, and Security Officer Robert Jackson.

Father Linder ended the ceremony with a short prayer, pointing out that it's a blessing that our seniors aren't afraid anymore, knowing that there's someone around to aide them. NCC's Security Director DuBose closed with acknowledgements, extending a warm thanks to everyone who participated in our First Annual Awards Ceremony, including the entire NCC Security Department.

Security Officer Wali A. Muhammad Public Relations Officer

Newark Police Honor Sergeant Anabui

National Police Week was held throughout the country May 13th through May 17th. In conjunction with this New Community Sergeant Robert Anabui was the recipient of the Newark Police Citizens Award at ceremonies held at Newark City Hall

Sergeant Anabui received this outstanding award for the apprehension of a robbery suspect while unarmed and off duty.

Why I Joined The New Community Federal Credit Union

Various people in New Community have shared with us their reasons for joining the NCFCU, which we now pass on to you:

Gerry Gannon - NCC Social Services Director

I'm sure that if you asked ten different people why they joined the Credit Union you would get twenty different reasons. For some of us, it is a way of saving money that we would otherwise spend; for others, who are employees of New Community it is convenient since the amount we save can be deducted "painlessly" from our pay checks; for still others of us, we save in the NCC Credit Union because it gives us a sense of "ownership" — it is "our" credit union.

For me, in addition to all these reasons, I have always been impressed by the fact that when we save our money in the NCC Credit Union, we are putting the money we earn right back into the community. When we save this way we not only help ourselves by the interest we earn but the money we save is working to help other members of the community.

When we save our money in a bank we may earn interest, but our money leaves this community. By saving our

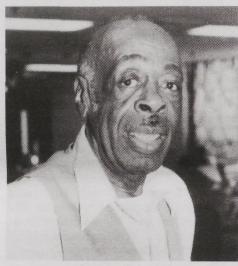


Gerry Gannon

money in the NCC Credit Union we are supporting "our own" Credit Union and our own community.

The NCC Credit Union is part of the dream that is New Community. It is why we who live and work here are so proud to be a part of NCC. Ralph Simpson – NC Commons Senior

I feel joining the New Community Federal Credit Union is a great way to save. I have been in them before



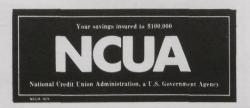
Ralph Simpson

and they have been good to me. Direct deposit is especially helpful to me and to all seniors, and I urge them to join.

Madge Wilson - Assistant Director of Human Resources for NCC

The Credit Union movement has been and is continuing to be in the competitive market with other savings and loan institutions by providing low cost loans and savings tips to their members.

My first encounter with a credit union was when I was employed by the Housing Authority of the City of Newark 16 years ago. I attended the first meeting and learned of the many options that the credit union had to offer, such as receiving higher in-



terest rates on savings; also the National Credit Union insures your savings up to \$100,000.00.

I was elated when New Community started a credit union movement, because we have the option of providing many services to our employees and residents. Even though we are in our infancy, the credit union membership is growing fast.

Some of the services that we plan for our residents is to have a direct check deposit, money orders, pay such bills as telephone, electric and gas and rent. All of these items in the near future will be instituted and computerized, so as to provide better and faster services to our members.



Madge Wilson

NCC Credit Union will only be a success if our people make it one. Remember it is fun to watch your nest egg grow.

I'm really glad to be a part of NCC Credit Union.

Joyce Holmes - Social Services

I was happy to hear that NCC was starting a Credit Union with a payroll savings plan and loan policy. It is always hard to save money. Usually if I receive money there are so many ways to spend it that the part planned to be savings, winds up being spent on another pair of shoes, which I don't even need.

Savings through the Credit Uion is so much more convenient and I don't even miss it.

I'm glad I joined. You should too!

Alma Hanks - Clarion Reporter for NC Douglas

The Credit Union has come to New



Joyce Holmes

Community and I for one am glad. Why? Perhaps now I will be able to save and feel relaxed while doing so for two reasons: First, I will not have to close my account or stand to lose



Alma Hanks

part or all of it in penalties for not maintaining a set balance. Secondly, Credit Unions were usually reserved for the working group and this puts me back on a competitive basis with them which makes me feel that I am back into the business world.

Credit Union Update

Your credit union is growing at a steady rate. Our phone in the office is starting to become busy which is a normal thing as our membership in-



creases. Remember we are here to serve you. Any questions you may have, please feel free to call and all questions will be answered.

We will be approaching a date very soon when we will be able to start a loan program. When the Credit Union Board of Directors are able to set a date for the extension of loans and rates for those loans, I will keep you advised through the Clarion. It is one of our best ways of informing the people in New Community of any new programs and other current information.

Our record keeping is up to date and all office work is progressing very smoothly, with no problems in any area.

I would like to thank everyone in New Community for the warm and friendly way I have been received. It is my pleasure to serve each and every one any way I can.

Walter Bearse Credit Union Manager



Walter G. Bearse, manager of New Community Federal Credit Union welcomes Victor L. and Rosemary Autry as the first Babyland Nursery parents to become members of the New Community Federal Credit Union. Mr. & Mrs. Autry joined the credit union to build financial security and to put their children through school.

St. Joseph Plaza Obtiene Grandes Elogios En Su Día De Apertura

Visitantes Señalan Servicios a ofrecerse como muy necesarios en La Comunidad

Alrededor de mil personas, incluyendo personalidades del mundo de los negocios y amigos de New Community Corporation, se dieron cita en St. Joseph's Plaza. Dichas facilidades lucieron muy elegantes en su primer dia oficial de operaciones.

El maestro de ceremonias lo fue el Sr. Arthur L. Wilson, presidente de New Community Corp. El mensaje del Arzobispo Peter Gerety fue leido por el Obispo Joseph A. Francis.

En su primera oración, el Obispo Francis hizo referencia al Dr. Martin Luther King, Jr., exhortando a "soñar imposibles" y de la actitud positiva de las damas y caballeros de New Community, personas de gran visión y fe atravesando por innumerables sacrificios y tristezas en ocasiones, ya que aquellos que pudieron haber colaborado, eligieron ser criticos. Al mencionar el evento del momento en la vida de New Community y la ciudad de Newark continuó "no hemos llegado hasta aqui por nuestros conocimientos profesionales solamente; tampoco por astucia politica ni por el poder económico, pero si, por nuestra fe, nuestra fe en Ti Dios y en todos nosotros." También pidió que los envidiosos reconozcan el poder de la presencia de Dios en lo que se ha obtenido y en lo que todavia queda por hacer. "Ojalá que St. Joseph's Plaza merezca su nueva función," rezó, "y sea tan merecedor de su nueva función como fue merecedor en su capacidad de templo de adoración. Que todos los que aqui laboran y, aqui son servidos recuerden que éste es, definitivamente, un nuevo lugar para honrarte a Ti, Nuestro Señor, un lugar donde Tu Nombre será honrado en el cuidado para aquellos que vendrán aqui para ser curados, confortados, y atendidos con la dignidad que Tu has provisto a cada uno de nosotros.'

El siguiente conferenciante, el Sr. Kenneth A. Gibson, alcalde de Newark, recordó que "ha pasado mucho tiempo desde los comienzos de New Community Corporation. Cuando comenzamos la corporación original, hubo muchos que dijeron que no se podia hacer, que los planes eran muy ambiciosos y que ya que no había dinero en aquel tiempo, no veian oportunidades de éxito. Este es un proyecto que todos ustedes conocen," les dijo, a los presentes, "y la clase de esfuerzo que han contribuido a este éxito simbólico y real no pudo haber ocurrido sin la cooperación de los ciudadanos de la ciudad de Newark.' El expresó su agradecimiento en nombre de todos aquellos que se beneficiarán del proyecto, hacia aquellos que cooperaron para que dicho proyecto fuera un éxito rotundo.

La Sra. Mary Smith, tesorera de la Junta de Directores de NCC, mencionó la cooperación recibida del Gobernador Kean, ya que él ayudó a acelerar los trámites cuando diferentes asuntos necesitaban resolverse.

"El Gobernador siempre ha tenido una buena idea, y ha comprendido la visión de NCC, y de los ideales que condujeron a la entidad a través de caminos arduos, no obstante los problemas, para el beneficio de las personas que residen en Newark," le indicó Mary al público presente. "El piensa que Newark puede ser de nuevo una ciudad vital", mencionó ella del Gobernador, y prosiguió con un recuento de la forma en que él ha ayudado para hacer de Newark un mejor lugar para vivir. "Ha pasado largo tiempo desde que conocimos a alguien tan deseoso de cooperar,' comentó ella.

Mary llamó al Gobernador "un verdadero hombre de Estado, quien tiene la visión de ser creativo, lo que lo sitúa sobre algunos politicos ordinarios, quienes tal vez saben mucho de politica en si, pero tienen una estrecha visión de lo demás."

St. Joseph's le seguirá sirviendo a las personas de la comunidad, le indicó el Gobernador a la audiencia, no como el lugar de oración que era, pero si con su restaurante, oficinas estos trabajos de NCC sirvieran como modelos nacionales.

En sus señalamientos, el Padre Linder indicó, causando sonrisas, que si no se hubiera acordado una fecha para la inauguración, St. Joseph's Plaza todavia no hubiera terminado de construirse. El mencionó las largas horas trabajadas por todos para poder finalizar a tiempo y les dio las gracias

El Padre Linder señaló a todos los presentes que NCC es una organización sin fines de lucro. "Si no fuera asi, esto nunca hubiese sucedido. Uno no realiza algo como esto en el centro de Newark a menos que en verdad tenga interés y se preocupe, y no lo contemple como una inversión. Pero eso es que New Community y las demás organizaciones sin fines de lucro en nuestro estado son tan importantes."

Linder mencionó la ventaja de dicha versatilidad a la unión. No obstante fue creada para servirle a personas de escasos recursos, tambien es permitido recibir depositos de personas que no son miembros, y revertir este dinero hacia la comunidad en forma de, por ejemplo, los pequeños prestamos comerciales mencionados por el Gobernador. Los depositantes

Al explicar la Unión de Crédito

Federal de New Community, Padre

hecho de que incluye a todos"

siempre estarán asegurados hasta \$100,000.00. "Las varias fases de gobierno están alentadas por legislación federal a depositar dinero en este tipo de unión de credito," señaló, riendo al observar que el mensaje habia sido recibido por los

Padre Linder anunció la apertura de la tienda de los emparedados en abril 29 añadiendo que el joven grupo que administrará dicha tienda se preparó por dos años al asistir al 'New York Restaurant School' en la ciudad de Nueva York.

Luego, Padre Linder orientó a los visitantes al resto del edificio donde despues tendrian la oportunidad de visitar el "New Beginnings Spa & Wellness Center", el "Health Center" y las oficinas administrativas y el centro de cómputos de New Community.

En su despedida de acto, Padre Linder les recordó a todos sobre las continuas y permanentes oportunidades de empleo que seguirán creándose. Hace dos años, indicó el Padre, NCC tenia 210 empleos permanentes. Para abril 18, 1985, tenian 312, explicó, y, para octubre del corriente año habrán aproximádamente 419 empleos permanentes creados por NCC. "Nuestra meta es tener, para junio de 1986, 850 empleos permanentes. Estos trabajos no son pagados de fondos federales o estatales; son pagados del sector privado y desarrollo economico. Cada uno de estos empleados tendrá un plan médico completo con su propio seguro, inclusive para facturas de médicos, lo que le brindará a todos la oportunidad de seleccionar el tipo de tratamiento médico que deseen. Esto hace mucha falta en nuestra comunidad", dijo enfáticamente.

En commemoración de la ocasión, el Gobernador fue honrado con una copia encuadernada de la Oración del Trabajador en Honor del dia commemorativo de San José Obrero, Santo de los trabajadores, por el Padre Linder, quien mencionó que el cumpleaños del Gobernador se acercaba.

Luego de finalizadas las ceremonias, se celebró una recepción, y las personas recorrieron las facilidades de St. Joseph's Plaza.

Refrigerios fueron servidos a los presentes en el "Executive Conference Room' y en el restaurante "Priory", que abrirá sus puertas en alrededor de seis meses.

Traducido por: Andy Cuevas



médicas y el gimnasio, "los cuáles creo no habían existido antes en esta parte de Newark." El entiende que la Unión de Crédito Federal de New Community tendrá un efecto muy beneficioso en los pequeños negocios

"En raras ocasiones en la historia de una ciudad grande, ha habido un grupo que ha hecho tanto para tantas personas," indicó. El Gobernador también alabó todas las agencias que estuvieron envueltas en todo el desarrollo y que proporcionaron tremendos recursos. "Pero los verdaderos recursos no son las personas mencionadas," explicó él, "los verdaderos recursos son seres humanos. Son seres que se preocupan y siguen trabajando aún cuando otras personas les digan que se detengan o que no se puede hacer más.'

"Este edificio, por su existencia, le brindará a esta ciudad algo que necesita desesperadamente- esperanza," les dijo a los presentes.

El Gobernador también habló de los planes para futuras viviendas y el nuevo centro comercial y de las muchas horas trabajadas en planes para el futuro por las personas alli, y el hecho de que estos planes se llevarán a cabo. "Esta ciudad esta mejorando- no hay duda." Expresó el deseo de leer más acerca del trabajo de NCC en los periódicos. Indicó que queria leer más acerca de Newark en dichos rotativos, y que deseaba que

"Ellas generan entusiasmo. Uno no contaria con personas dispuestas a trabajar hasta las doce de la noche, si la única recompensa fuera dinero", les aseguró. "primero, ninguno de nosotros tiene tanto dinero, y, segundo, no conseguimos el tipo de trabajador que necesitamos, a menos que la gente desée que ocurran cosas positivas", les siguió explicando.

El desarrollo ocurre por fases, de acuerdo al Padre Linder, un proyecto a la vez. "Hay ocasiones en que pueden haber dos o tres proyectos al mismo tiempo, pero es trabajo árduo, y no existe ninguna formula mágica para ello", añadió. El estima que la comunidad debe beneficiarse de cualquier proyecto.

St. Joseph's Plaza es el segundo proyecto en el cual New Community ha sido su propio contratista general, a traves de su subsidiaria Chelsea Construction Company; el primero lo fue Baby Land III. Indicó sincéramente Padre Linder que St. Joseph's es un proyecto muy cerca de los corazones de todas las personas envueltas para permitir que alguien ajeno a New Community fuera el contratista.

"New Community es una familia", explicó a los presentes, "agrupando diferentes edades y origenes como lo demuestra "La Fotografia Familiar'', que se puede observar en la entrada del edificio. Su fuerza proviene de su versatilidad - el

=At Your (Social) Service =

by the Staff of NCC Social Services Department

For information concerning Social Services activities please call 623-6114

Festival '85 Here!

On Friday and Saturday, June 7th and 8th, New Community will host its 5th Annual NCC Festival, "Festival '85." This year, new and exciting activities and surprises have been added to increase the beauty and pagentry of this annual event.

The activities will begin at 5 p.m. on Friday night with the sale of delicious "Fish Fry" dinners at NC Associates, 180 So. Orange Ave. The dinners will include fried whiting fish, hush puppies, french fries, cole slaw, potato salad and soda. Dinners will be sold up until 7 p.m. At the same time, hot dogs and soda will be available for the youth at the "Old Base Station" on Bruce Street.

At 7 p.m., Darwin Giles will perform in the auditorium at Newton Street School. Darwin, who is known as the "Official Michael Jackson Double," will entertain the youth of NCC with an hour-long show consisting of Michael Jackson's most famous songs

The "Darwin Giles Review" will be followed at 8 p.m. by the movie, "The Incredible Shrinking Woman," starring comedian Lily Tomlin.

For those interested in "Oldies but Goodies," there will be "Oldies but Goodies" music presented at NC Associates between 8 p.m. and 11 p.m. Light refreshments will be sold and a beautiful large quilt will be raffled off.

On Saturday morning, the activities will begin with the 5th annual NCC Parade, beginning at 12 noon on 14th Avenue. The parade, which will march along 14th Avenue, Morris Avenue, South Orange Avenue, Jones Street and 15th Avenue will be led this year by the newly formed color guard of NCC Security. In addition, the parade will include the marching bands from Barringer and Vailsburg High Schools, and various floats for seniors, families, and children.

This year the newest attractions will include the Family Garden Club dressed in costumes of different vegetables, a float of the Theatre Club dressed in "evening attire," the NCC "Home Friends Corps," who serve the homemaking needs of 60 of our seniors, and representatives from the NCC New Beginnings Spa and Wellness Center.

In order to encourage as much participation as possible, arrangements are being made to include decorated bikes and baby carriages. In addition, in order to accomodate those who wish to march, but find the distance too long we are encouraging tenants to decorate their cars and become part of the motorized section of the parade.

A group of Clowns will be new this year also. They will distribute balloons and candies along the route of the parade.

Following the parade the booths will open on Bruce Street for the sale of food and soft drinks. Music will be provided all day long by a professional steel band. And the youth will be involved in a number of activities, including a basketball game, breakdance contest, a pre-teen roller disco, volleyball, kickball, etc.

In addition to the traditional NCC tee shirts, this year a limited number of NCC baseball caps and pennants will also be on sale.

The whole purpose of the Festival is for New Community to celebrate its existence as a community that not only lives and works together, but that can relax and enjoy itself together. But as with every thing else, the success of the Festival grows in proportion to the number of people who take part in it. The more of us who are willing to parade and decorate floats or bikes or carriages or cars, the more fun it will be for all.

So when June 7th and 8th come around, join the fun and celebrate New Community.

Puerto Rican Dance Troupe To Perform

One of the exciting attractions for the New Community Festival parade this year will be a group of NCC hispanic residents who have organized a dance troupe to perform in the parade.

The group will consist of eight young persons, four boys and four girls. They will be dressed in the traditional native, Puerto Rican attire. Currently, hispanic residents are engaged in making their costumes.

On that day they will dance to the beat of native Puerto Rican music. In keeping with the overall goal of NCC, of involving all of the people, we consider the involvement of hispanic residents in such a meaningful way, to be a major milestone. We look forward to their appearance. This group is being coordinated by Eva Olivo, Lydia Torres, and Bein Venida Lucret, all of whom are residents of New Community.

Family Theatre Club Float Sponsored

New Community's Family Theatre Club will sponsor a float, in the Festival '85 parade. The theme will be "we support cultural enrichment."

The theatre club was founded in 1983. Since that time they have given rides to a number of shows and events, and have also had some successful fundraisers.

The purpose of this group is to provide leisure activity and cultural enrichment to NCC residents. This is done through various trips to see popular plays, movies, or local shows, etc., at a discount price.

The float will highlight a group of lavishly dressed ladies and men, who are "enroute to the theatre." This will be depicted by the bright and colorful gowns and attire that will be worn.

Virginia Scott

New Youth Coordinator

A new youth coordinator has joined New Community Social Services just in time for the busy Spring activities season. He is Eladio Negron, a native of Newark who has been active in community organizations such as the Black Youth Organization, WBLS Sports Group, and the Black Heritage Committee.

Eladio was physical education director for The Chad School in Newark from 1977-1984. He spent the summer of 1984 as head counselor in charge of summer programs for New-Ark School in Newark and was working as a Youth Coordinator in Vailsburg when he heard of the opening in New Community. He had heard about New Community and all the things it was involved in, he told me, and was interested in being a part of it.

Eladio feels this is a chance for him to grow in his field and regards his new job as yet another challenge. He is a strong believer that sports are much more than just games; that they in fact develop strong character and increase academic ability in young people by their very nature and need for self-discipline.

Mr. Negron is a graduate of Barringer High School and attended Essex County College for two years and Montclair State College.



Eladio Negron

See You At The Festival

Festival '85 will prove to be the best by far. A lot of hard work and creativity has been put forth to ignite a feeling of pride and enthusiasm.

This year there will be clowns to entertain you and tickle your childhood fantasies. Every facet of New Community is joining together to make this two-day event a true Summer spectacular. Families have all gotten together to put on quite a show of floats and parading vegetables — the fruits of their garden. Our residents of Spanish heritage have also planned a mardi gras affair, with lively entertainment and colors.

Every year the festival is anticipated to grow and pull in more of the Community.

Joyce Holmes

June Family Activity Calendar

7th Friday NCC Festival '85 5:00 p.m. to 11:00 p.m. at 180 So. Orange Ave., and Newton Street School.

8th Saturday NCC Festival '85 Parade at 12 Noon Food booths open at 1:00 p.m. Regaee Steel Band Games for the kids! 1:30-4:00 p.m.

12th Wednesday Theatre Club meeting at Gardens Pavilion at 6:00 p.m.

18th Tuesday Homes Floor Captains meeting at Babyland III, 7:00 p.m.

19th Wednesday 72 Floor Captains meeting at 72 Hayes Street, 5:00 p.m.

20th Thursday Garden Club meeting at 72 Hayes Street community room 6:00 p.m.

25th Tuesday Advisory Board meeting at Gardens Pavilion, 6:30 p.m.

26th Wednesday 225 Hunterdon Street Floor Captains meeting 225 Hunterdon Street, 6:00 p.m.

Michael Jackson's Double To Appear

One of the main featured attractions for this year's Festival will be the reknowned "Darwin Giles, ('Michael Jackson's Double')Revue." He will be appearing on Friday evening, June 7th at 7:00 p.m. in the Newton Street School Auditorium.

Darwin Giles is almost an identical replica of Michael Jackson. So much so, that allegedly, Michael's father (who is his business manager), has asked Darwin to make a number of promotional appearances, in his absence. And he has made popular appearances across the country.

Darwin was chosen by NCC Social Services to do his revue, because Michael Jackson is what is happening as far as America's youth are concerned right now. Even a lot of parents are wild about Michael Jackson's music and songs. When he sponsored his nationwide tour throughout the country, very few of New Community's youth were able to purchase tickets to see the magnificent show, which was held at the Meadowlands Arena, in East Rutherford, N.J. for this area. Darwins revue is very much like the one that Michael does.

It will afford NCC's youth an opportunity to see what the big show might have been like.

All residents are invited to come out and join us in what promises to be an exciting festival. Seating is available on a first come, first serve basis.

Senior Activities

During the month of May each Senior building was involved in their regular daily activities, which included: arts & crafts, exercise clases, sewing and crocheting classes, ceramics, bingo, and a movie of the month. A special attraction for May was a series of "mini concerts" which were performed in each of the senior buildings. The featured guest vocalist and pianist was Mr. Curtis Watkins, Organist for St. Rose of Lima Church, and soloist Gloria Newsome, from NCC Scoial Services. Some of the songs included: Gold Bless the Child, The Impossible Dream, We've Only Just Begun, and Without a Song. The program lasted approximately 35 minutes. In June there will be another musical program. Our guests will incude soloist Emily Ross and the St. Rose of Lima Choir.

There is so much talent among our residents, and we would like to include as many as possible in our future musical programs. If you would like to participate, please contact Gloria Newsome, at NCC Social Services 623-6114.

Bus Trips

Bowling trips are still being offered every Monday to Lyons Bowling Lanes. The hours are 10-12 noon. All interested participants please call Social Services, or sign up on the Bus Trip Sheet in your building.

On Saturday, May 11, 1985, a group of 34 residents and friends

It is never easy to be asking for ride! Particularly when you are in-

capacitated in any way. But New

Community's Transportation Service

shines in this regard. Courtesy and

graciousness are a way of life for

spent a most enjoyable day at Shea Stadium. According to the schedule, May 11th was Senior Citizen Day. NCC residents were quite fortunate, since we were able at the very last second, to obtain the BEST seats in the entire stadium. Everyone had a fabulous time, and, of course the Mets were Red Hot!

Also, on May 11th, a bus load of residents went to Englishtown, where they were able to buy very nice gifts. Everyone was good and tired after walking around a small area of one of the largest flea markets on the East Coast.

There is still time to reserve a seat for Pennsylvania Dutch Country, which will take place on Thursday, July 11, 1985. Tickets are \$22.00 per person. Half of the cost \$11.00 is needed to reserve a seat. Balance due in July or sooner.

Also, there will be a bus trip to see Evita at the Papermill Playhouse, on Thursday, June 27th, 1985. Showtime is 8:00 p.m. Cost is \$25.00 per person. Bus will leave from 180 So. Orange Avenue at 7:00 p.m. Anyone interested please contact Gloria Newsome at 623-6114.

Future bus trips will include a cruise up the Hudson on the Dayliner, in July, and a bus trip to Mount Haven Resort, located in Milford, Pennsylvania. Pleae call Social Services for more details.

NCC's own bus driver Mr. Jerome

If you are in need of a ride to the

doctor or hospital do not hesitate to

call; if it can be done we will be hap-

py to provide the service. Just call the

Health Care Center at 623-2480.

Gloria Newsome

Garden Club In Festival

The family Garden Club of New Community, will participate in the Festival '85 parade this year, which will be held on Saturday, June 8,

The Garden Club will not only be celebrating the founding of NCC, but also will be celebrating their second year of successful gardening.

Presently, they are involved in

making a variety of costumes in the style of the various garden vegetables, such as: carrots, potatoes, beans, squash, onions and etc. We are certain that this group will generate the kind of gala spirit that should exist at such an event, as they parade around New Community in their garden character costumes. Don't miss this humorous event!



Mike McTeiger of the Rutgers Newark Urban Gardening Program gives helpful tips to the NCC Families Garden Club members. Present are Emma Grier, Bertha Brown, Ida Williams, Charlette Peterson, Mae Harper, Pres. Edward Cooper, and Delores Collier.

Successful Chinese Auction

year's Chinese Auction on May 18th for the benefit of St. Rose of Lima School, such a success.

know who won those top prizes so here is the list of winners:

First Prize - a Hitachi 45" Rear Projection TV went to Sharon Jackson of Newark, N.J.

Second Prize - VHS hitachi Model VT34A was taken home by Ray Reynolds of Newark, N.J.

Third Prize - \$300.00 Food Cer-

Many thanks to all who made this tificate from Pathmark was won by Pamela Coleman of East Orange,

The coveted Blue Fox fur coat is We're sure you all would like to now being proudly worn by Mrs. Felix Roig whose husband won it for her. Mr. Roig is Vice-Principal of St. Rose School, and a resident of Newark.

Seems like the prizes stayed close to home this year. We appreciate the hours of help given by all who participated.

This is a major fund-raiser each year for St. Rose School.



Transportation With A Smile

LaSure.

Mr. Jerome La Sure carefully lifts a New Community resident into the van on her way to the Health Care Center for her doctor visit.

Babyland II

The parents, children & staff from this Center plan to participate in the upcoming NCC festival. We plan to be in the PARADE, which is an event that everyone looks forward to. The parents and children are busy making lots of colorful decorations. Carol Leadbetter, Group Teacher provided their instruction. Their combined enthusiasm suggests an enjoyable time to be shared by all.

This Spring season is indeed a happy time for the children because they have the opportunity to enjoy outdoor activities and trips. Soon to be completed will be the children's flower bed. They eagerly anticipate signs of plant growth. This "Hands-On" science project was planned to enrich their learning experience.

Beverly Dunn, Social Worker





NCC Baseball and Basketball League

New Community Youth Department is taking registration for little league baseball (boys & girls 9-12) and summer basketball league (12-15). All interested please contact,

Eladio Negron or Sheila Washington. We are also seeking coaches who would like to volunteer their services. Lets give our children our best.

Eladio Negron

FOOT FACTS:

Ask Yourself — Would You Buy A Car With Three Wheels?

There are many types of health insurance you can buy. In the past you could buy your own health insurance coverage or join a group plan through work. In the last few years a new type of coverage has been receiving some attention. It is the prepaid health plan or the Health Maintenance Organization.

These prepaid plans are called by various names: Health Care Foundation Clinics, Regional Health Care Groups, and so on. The one thing common to all these health care plans is that you, the subscriber, are told that most — or even all — of your expenses are paid by the premium, and that when you visit the doctor there will be little or no fee.

All these plans claim that you will receive the same care as you did when you purchased your health insurance through the usual ways. But with some prepaid plans, you must agree to accept only those doctors who are on the clinic staff; in other plans you may go to your own doctor, but only if the organization has allowed your doctor to participate.

No one would have his or her teeth cared for by anyone but the recognized authority on the teeth ... the dentist. But many health plans tell you they will provide complete medical care, but do not have podiatrists on their staff. They tell you that if their doctors decide that you need a podiatrist they will find one somewhere and send you there. You would not be able to make your own



decisions about when you should go to a podiatrist or who that podiatrist should be.

In the United States today, the podiatrist is the recognized specialist on the foot. Every major insurance company, every Blue Shield Plan in every state in the union, every branch of the Armed Forces, every Medicare and Welfare Program allows the patient to obtain the services of a podiatrist either for foot surgery or regular care when you, the patient, feel you need the help of the foot specialist.

Prepaid health plans may be a good thing — but only when you can have access to all the doctors you need, as you did before you joined. If you are thinking of joining a Health Maintenance Organization, be sure that the services of a podiatrist are part of the plan and that you can see him or her whenever you need to. There are such plans currently in existence. Don't be sold a car with three wheels and be told that if, and when, someome else decides you need the fourth wheel, they will see that you get it.

Services of a podiatrist are available to everyone. Be sure your health insurance plan does not take those services away from you. The next time you're asked to join a new type of group health insurance plan, ask if services by a podiatrist are fully included in the benefit package. Why not make this inquiry now? Why not four wheels?

A Dedicated Podiatrist

On Wednesday, May 8, 1985, Dr. Kenneth L. Frank, Podiatrist, took time out to visit the 8th grade class at St. Rose of Lima School. His lecture and demonstration for them of the foot model, was related to their lessons in anatomy and physiology studied this semester.

Dr. Frank explained in detail the structure of the foot, disorders related to feet and causes of foot discomforts. He emphasized the correct type of foot-wear, exercises for the feet, and foot hygiene. Dr. Frank told the students that bunions develop from

some factors like heredity, bone injury, certain diseases, and improper footwear. Athletic activities may also consequently affect the foot, he revealed.

The students were highly impressed with Dr. Frank's dedication to his profession. He is a very conscientious and accommodating doctor who gives to his job the best of his ability. The community is lucky to have a Podiatrist like Dr. Kenneth Frank.

Emerita Cabato 8th Grade Teacher



Dr. Kenneth L. Frank, Podiatrist, lectures to St. Rose's 8th grade class on structure and disorders of the foot while teacher Emerita Cabato listens with them.

—Newark Public Library— Elderly Consulted On Library Services

Mr. Lewis Graves, librarian in the Newark Public Library, visited senior citizens of New Community recently in their various buildings to help make them aware of the Federal Public Library Services and Construction Act. The Act includes in its jurisdiction authorization of appropriations to the States for older reader services, without interfering with local initiative and responsibility to the conduct of library services.

Provisions of the Act include a special focus on service to physically handicapped, institutionalized and disadvantaged persons. It also addresses itself to interlibrary cooperation among all types of libraries.

Its grants include (1) the training of librarians to work with the elderly; (2) the conduct of special library programs for the elderly; (3) the purchase of special library materials for use by the elderly; (4) the payment of salaries for elderly persons who wish to work in libraries as assistants on programs for the elderly; (5) the provision of in-home visits by librarians and other library personnel to the elderly; (6) the

establishment of outreach programs to notify the elderly of library services available to them; and (7) the furnishing of transportation to enable the elderly to have access to library services.

In order to formulate the state plan for services for the elderly, a committee was formed by the Newark Public Library to write a proposal of need for services. Two members of this committee, Mrs. Harvell and Mr. Welch, attended a meeting at NC Gardens Seniors (265 Morris Ave.) with Mr. Graves as they obtained some direct input from local seniors on what services would be beneficial to and needed by them as well as their reaction to library programs and services now available to them.

Senior Citizens were encouraged to contribute ideas about things and services they would like to have. Their ideas were then forwarded to be used in the proposal for funds for library services for the elderly under the Federal Public Services and Construction Act.

We will keep you posted on the results of the library's request for

Silver Pages Program Available Via Newark Public Library System

The Silver Pages Program, a senior citizen discount directory and savings plan, has been organized in Newark with the Newark Public Library branches and main building participating.

Application forms for seniors 60 or over, are available at all branches of the Newark Pubic Library and the main library downtown.

The Newark area will be included in Metro West, a directory expected to be out late in 1985. The directory's classified advertising section will list local businesses that offer discounts or special offers to those 60 or over. A section of the directory will feature national advertisers with similar discounts, and an informational and referral section will provide details on senior programs offered by local, national and state organizations.

Both the directory and the Silver Savers' Passport, and I.D. card to be used to qualify for discounts, will be provided free to eligible senior citizens.

"We congratulate Southwestern Bell Media for initiating this wonderful idea," said Thomas J. Alrutz, Library Director, "and our Library, as New Jersey's largest, is pleased and honored to be fully involved."

Any local business that offers discounts to those 60 or older is eligible to receive a free listing in the directory's classified section.

"We welcome all senior citizens to visit our main library or one of our branches and fill-out an application," said Alrutz, "a librarian is available to help those who require aid in completing the application material." A temporary membership card will be given to all eligible seniors.

Interested seniors are encouraged to visit or call any of the following facilities:

Main Library - 5 Washington St.	733-7793
(Job Information Center-Education Division)	
Branch Brook - 235 Clifton Ave.	733-7760
Clinton - 739 Bergen St.	733-7757
First Avenue - 282 First Ave.	733-8091
Madison Area - 790 Clinton Ave.	733-8090
Mount Vernon - 142 Mt. Vernon Place	733-7753
North End - 722 Summer Ave.	733-7766
Roseville - 99 fifth St.	733-7770
Springfield - 50 Hayes St.	733-7736
Vailsburg - 75 Alexander St.	733-7755
Van Buren - 140 Van Buren St.	733-7750
Weequahic - 355 Osborne Terrace	733-7751

"Through its listing of discounts, Silver Pages will greatly benefit seniors economically," Alrutz said. "and this is significant to those on fixed incomes." The sponsor Southwestern Bell Media, is the publishing subsidiary of Southwestern Bell Publications of St. Louis. The company plans to introduce localized Silver Page directories in about 110 cities by the end of 1986.

For more information, call the Library at (201) 733-7800.

ATTENTION ALL TENANTS NCC Health Care Center 623-2480

Transportation to NCC Health Care Center will be provided for your convenience.

-NC Associates-

There had been different occasions happening at Associates, when Ellen Watson realized hostesses were needed to help carry out these affairs successfully. On April 26, 1978, she assembled several volunteers to work as hostesses. They worked together as a team and served New Community, whenever and wherever called upon. Some of them who began in 1978 have resigned and are working in other areas of New Community. The present hostesses work faithfully now with the Nutrition Site. Pictures were taken when they celebrated their seventh anniversary and that day everyone was served at their tables. The hostesses looked beautiful in their white uniforms and green aprons. On May 10th, Mrs. Watson presented each hostess with a beautiful corsage for Mother's Day.

The hostesses now serving are Ellen Watson, Ann Bellamy, Lillie Mixan, Marie Carson, Sarah Jasper, Viola Henry, Rosa Bursey, Doris Crenshaw, Rose Wyatt, Janie Godbolt, Ethel Cummings and Lena Bolding.

Those elected to hold an office are;

Ellen Watson - Business Manager, Ann Bellamy - President, Lillie Mixan - Vice President, Sarah Jasper -Secretary, and Viola Henry -Treasurer.

The Nutrition Site is not only a place where a senior can get a good meal but also a place and time to become acquainted with seniors from other buildings, and to allow new tenants to get to know their neighbors. Many tenants who do not come down or join in with the other activities, do participate in the Nutrition Site - especially the men. It makes us happy to see them attending so faithfully. Their comments have been favorable, and a problem that did arise was taken care of. Many have appreciated the "Site" and hope it will continue. For several people it is the only hot meal they receive. Some of the comments we hear as they leave are: "We enjoyed the meal;" "The lunch was good;" "You can't buy a hot dog for fifty cents;" "I don't have to wash dishes;" and "all I need before I go to bed is a snack." The site is needed by many; let's keep it going.

Phyllis Burton



New Community's volunteer hostesses celebrate their seventh anniversary at New Community nutrition site where they are presently faithfully working. Above they are wearing their new aprons made by the 180 Crafts Club.

National Council Of Seniors Conference

Preparations are being made now for the National Council of Senior Citizens 1985 Legislative Conference When: June 10-12

Where: Washington Hilton Hotel Washington, D.C.

The times we live in, the leaders we have and current events in Washington make this a very important Conference. I don't have to tell you what has been happening with Social Security. Against all promises and in the face of widespread opposition, the Cost Of Living Adjustment (COLA) has come under attack. It's really an attack on the most fundamental aspect of Social Security — the compact between the government and the people.

Medicare is next. The Administration's current budget proposal makes cuts larger than all the cuts between 1981-84.

Special events slated for the Conference this year include action workshops, issue training and, most important, visits to Capital Hill. They will also have key national political leaders as speakers, a huge birthday celebration (Social Security's 50th, Medicare's 20th).

Ms. Edna Gillians from NC Gardens, 265 Morris Ave., will be our representative this year. She will return with much information for all of us to share.

Mrs. Edna Davis, Pres. 265 Club

Seniors: You Could Make a Difference

Retired Senior Volunteer Program of Essex County, Inc. (RSVP) has a new program. It is a Pen-Pal program with the inmates at Rahway State Prison. The volunteers enrolled with this program use only their first names and they use the RSVP address. The prison officials carefully screen and monitor each person who participates in the program. The penpal is matched according to interest with a person on the outside. This helps to keep these young men and women in touch with the outside world. Incarceration is a lonely and awesome existence. Not everyone who is locked up is a hardened criminal. Most of these people have families who are trying to adjust to their situation, and may not be able to write or visit. Your letter may just give some one a chance to turn their life around and head in the right direction. Your letter may give the person the strength to face another day. Your letter could just be the difference between a life of crime, or a normal well adjusted life. Please think about it. These people need this communication. The letters you send could be the thread of hope these people cling to until their families and friends can accept the reality of their incarceration. If interested please send for an application. Once you do, a pen-pal profile will be sent out to you and you will have the first option to write, or not to write. No inmate will write to you first, you must make the initial contact. Call 673-0640

NC Roseville Report

Who says men don't live long and happy lives? Living proof of this are five men that are residents of New Community Roseville. Together they total 419 years. Fantastic isn't it! Some of them have lived in the area all their lives; others moved into it when they moved to Roseville. Each one is very happy here and feels it is a privilege to live in such a peaceful, and quiet building.

Men are often in the background and very seldom get recognition. This article is about five of our older citizens that we see daily and who are an inspiration to all who know them. Looking at their smiling faces one can tell they are happy and proud to have come this far in life. To be here this long God must have something special for them to contribute to us who are a few years younger - if only to spread their smiles and sunny dispositions. That in itself is encouraging. Not only do they have 'wit," but they are very sharp...up to date on what's happening around

If you don't beleive me, come and meet Mr. John Palmore who is 83. Each day Mr. Palmore dresses as if he were going to his office. Shirt, tie, suit, hat and walking stick. He sits at the front entrance and greets people, in his gentle way, as they come and go, and many people know him from "way back" as they say (he is a former barbershop owner).

Mr. Palmore has worn many hats in his lifetime and he is always happy to tell you about them. He is a good conversationalist, and a good listener too, so don't try to fool him. Mr. Hebert Williams age 91, is our oldest and most joyful resident. He'll make you smile as he calls you darling and sweetheart, along with my favorite expression of his "yessaah." We don't see him too often but whenever he comes downstairs everyone is happy to see and hear him. Mr. Williams enjoys the company and support of his ever attentive daughter Rosalee, who looks after her dad with affection and love while living in the same building site with him.

Mr. Joseph Keenan age 86, is another good sport of Roseville and lifetime resident of Newark. Joseph has a sense of humor and is very alert. Even though his eyesight is failing he knows everyone by the sound of their voice. Mr. Keenan, a retired machinist, is often seen sitting in the mailroom/lounge enjoying the companionship and conversation of others.

Mr. Frank Geraghty age 83, stands tall and stately, always wearing his best smile and his Irish accent in every "hello" to you. Mr. Gerethy gives his smile away to all he meets and greets.

Mr. Morris Richards age 80, is vibrant and enthusiastic about the long life he has been blessed with. One can hear him coming down the hall greeting each and every person with a cheery "hello how's the folks, and everybody I haven't seen today."

I'm not even half the age of the youngest gentlemen here, but I am certainly proud to be an acquaintance of all of them.

R. Steve Perkins



Frank Geraghty, Joseph Keenan, John Palmore and Herbert Williams come out to greet the day with smiling faces at NC Roseville.

Seniors Applaud Fitness Center

Elderly residents of New Community were recently taken on an exclusive tour of the newly established fitness center, at the St. Joseph's Plaza, 233 West Market St. Newark.

They were very impressed with the vast variety of equipment available, most of which an elderly person could use without serious concern of harming the body. Ms. Damestoir pointed out the various exercise machines and their uses. She explained that exercise for the elderly is an absolute necessity, in order to prolong life and prevent premature deterioration of the body.

Among the many pieces of equipment they saw was a redwood sauna, which eliminates pollutants from the pores and is also good for arthritis pain. A number of other exercise units shown were designed to perform

different functions which would result in a weight loss for a given area. Also, there was a fabulous whirlpool, which can help one to relax to his or her heart's content.

A massage therapist will be on staff to assist in the alleviation of muscle strain.

A qualified physiologist, Mr. Kerry Gillespie, will also be on staff to monitor individual's exercise patterns, to ensure that weight loss goals are achieved, within a safe range.

The NCC Health Center is just down the hall, with a number of physicians on staff. They will be working closely with the spa.

Fees are on a sliding scale and are available to most senior citizens, at a rate that they can afford. Anyone can join. A number of seniors have signed up, and others plan to do so in the near future.

It's All In How You See It

How we look at something depends, in part, on our inner self: our values; our principles; our attitudes; our experiences; our ethics and morality. We look at an object or situation and its meaning to us is conditioned by how we perceive it. For some time man has struggled with the perception of what is right. There have been varying views on the subject which have resulted in controversy, conflict of laws and action, both legal and physical. No theory or belief has been so absurd that there has not been someone who believed it, and argued for it. We tend to be well satisfied with what we think we know and do not question its reliability. Occasionally we are shocked to discover that what we thought was certain is proved dubious or false. The history of science is replete with theories that have been thoroughly discredited.

A ruler desirous of knowing something about the land over which the ruled sent two emissaries abroad to view his territory and report to him what it was like. After many days of detection, the two emissaries returned to the ruler. One told of the vast areas of dry, hot sand bearing weeds and rocks. The other, exhuberantly described the cool water of the oasis and the beautiful desert flowers and fruit

Sometimes, man finds what he looks for — what he looks at — what

the environment he chooses to be in, affords. If we move in the company of law breakers we are apt to see sin, violence, crime and disorderly conduct. If we travel among responsible law-abiding citizens we are more apt to see love, hope, peace, and compassion. All about us is "good" if we would only look for it.

Remember the story of the ship whose crew, dying of thirst, signalled a passing ship to provide them with water? The passing ship signalled back: "Lower your buckets." Thrice the unfortunate ship implored for water and thrice the same answer came back: "Lower your buckets." Finally the buckets were lowered and cool, fresh water came up. All the time, the ship was in the center of a mile-wide current of fresh water where the Amazon River was flowing into the ocean. Fresh drinking water was all about them and the crew was dying of thirst. There are great possibilities, opportunities, and advantages about us if we would only take the time to see them, and exert the effort to avail ourselves of them.

"Two men sat in prison bars
One saw the mud, the other stars"
It's all in how you see it.

Lewis Graves Springfield Branch Newark Public Library

St. Vincent's Students Visit Spa

The New Beginnings Spa and Wellness Center at St. Joseph's Plaza was the site of an educational field trip on May 8, 1985. A group of eight Freshmen from St. Vincent Academy, accompanied by their teacher, Ms. Piccolo, came to the Center to learn more about the participation of today's women in sports and fitness. It is part of the study they are doing on the subject in one of their classes, "Women in Sports."

The students first met Skip Lee, who explained the purpose of New Community Corporation and the history of St. Joseph's Plaza. Marie Damestoir, Health Spa Director, showed them the new fitness center. She demonstrated the equipment used in the spa and told the young women what each particular machine

does to help the body. Ms. Damestoir answered the questions the group had about the programs the spa offers the community residents and how women, in particular, could benefit from its facilities.

The eight freshmen who visited the spa were La Trice Curry, Charlene Lawrence, Maria Nata, TaVongala White, Mary Carson, Towanna Greenleaf, Tonya Smith and Tonya McDonald. The students enjoyed the visit to the spa and found the interviews with the personnel to be very informative. As one student, TaVongala White said, "It was a good experience. It's nice to know that there is a health spa open to everyone in the community."

Written by Mary Carson Freshman at St. Vincent Academy



Marie Damestoir, director of New Beginnings Spa and Wellness Center demonstrates equipment to freshman students of our neighboring St. Vincent's Academy as part of their study on Women in Sports.

Youth Volunteer Honored



Elizabeth Hernandez

Sunday, May 5th, at the Clara Maass Medical Center, Belleville, New Jersey, Elizabeth Hernandez, a 'patient unit volunteer' hospital worker received a gold pin service award for outstanding volunteer services rendered. Elizabeth has donated approximately four hundred hours of her free time to aid bedridden patients.

We are proud of this community minded, dedicated young lady.

Elizabeth is a resident of New Community Town Houses.

Babyland Summer Enrichment Program Planned

Babyland Nursery will begin its third year of sponsoring their Summer Cultural Enrichment Program. The former years exposed many children to such activities as swimming, tennis, and horseback riding. They participated in cultural activities involving theater and dinner trips, boat rides, visits to museums and many other historical and cultural places. The craft and hobby area consisted of ceramic, sewing and cooking classes and strategic games such as Trivial Pursuit and others that challenge the mind and encourage the player to retain dates, names, etc.

The summer program was created to enrich the lives of its participants and cultivate any qualities already existing in the child's character. The participants each year have increased, and Babyland is looking forward to expanding the program to in-

clude other cultural interests such as music appreciation, modern dance, and ballet. It will also offer in the area of academics computer literacy, reading programs and mathematics. Parents will have the option to request any special concerns and Babyland will try and meet the need. The purpose of our program is not just to keep the children off the street during summer. It is, however, intended provide creative programs that will cultivate their personalities and possibly provide them with enriching qualities that will continue to be a part of character for life. Any person interested in enrolling their child in the program beginning June 24th, may do so by calling 399-3400 or 623-8016, Babyland Nursery, to obtain an application.

> Georgia Ransome Babyland Board member

Young Artist Capturing Awards!

Scott McKenzie of Newton Street School is already proving to be a talented young artist. His award for Fire Prevention Week was no sooner announced when a letter arrived at the school from Ruth K. Assarsson Director of Art Education for the Board of Education congratulating him on his prizewinning entry in the City-wide Children's Art Exhibition.

Scott garnered first prize in Group III of that event and his entry will be

on display at St. John's Chapel Gallery, 22 Mulberry Street, Newark from May 26th - June 9th.

On Sunday, May 26th at 2:00 p.m. a reception was held for prize winners and their parents at St. John's. Scott was awarded his \$75.00 Savings Bond prize at that time.

The budding artist is a student of Mr. DiCostanzi of Newton Street School.

We congratulate Scott on his excellent art work.



New Community resident Scott McKenzie of Newton Street School (center) was second place winner in a poster contest sponsored by the Newark Police. Prizes were awarded during National Police Week Ceremonies. He and other contestents, 3rd place winner, Yasmin Luciano of South 17th Street and 1st place winner, Bernard Austin of Bergen Street School are applauded by police officers including Newark Police Chief Charles Zizza, and newly appointed Newark Police Director Charles Knox (above).